

OCTOBER - IT'S TIME TO CELEBRATE  
**BREAST CANCER AWARENESS MONTH**

According to statistics provided by both the Cancer Treatment Center of America and American Cancer Society, the following has been stated:

*\*Every fourth person will be diagnosed with some form of Cancer.*

*\*Every three minutes, a woman is diagnosed with Breast Cancer.*

*\* Every 13 minutes, a woman dies of Breast Cancer.*

Hence, there is a great need to support and increase Breast Cancer awareness and education within our homes, churches, schools and communities. Collaboratively, we can make a difference by beginning this October 2015, during Breast Cancer Awareness Month. Below are several ways you can be a change agent within your communities and support **UNITED**:

- Make a bundle of pink ribbons, share the purpose with individuals and ask them to wear the pink ribbon.
- Add a "pink" accessory to your wardrobe each day of the month.
- Wear your **UNITED4theCAUSE** t-shirt each WEDNESDAY of the month.
- Share UNITED's webinars/meetings scheduled in October with others and plan to attend one or more event(s).
- Plan a small gathering to talk about Breast Cancer and watch the "By Our Love" videos at:  
<http://vimeo.com/107312473> (or share the video with others).
- Plan a Mammo-Get-Together with Friends (Schedule/Get your mammograms and celebrate).
- Demonstrate an "Act of Kindness" to someone on the cancer journey.
- Ask to setup a "pink" table (consisting of Breast Cancer material) at your local church, school, or community center, etc.
- Submit a short announcement in the church bulletin, community paper or on the bulletin board, telling others about UNITED4theCAUSE and how to access our website for additional information.
- Gather friends and plan to participate in the Virtual Walk-Run A-Thon during October.
- Share this list with 10+ WOMEN that you care about!
- Post your experience/pictures on UNITED's website to encourage others.
- EDUCATE, ELEVATE, EMPOWER AND CELEBRATE!